

## Summary of Chapter 2 - Part 4

Continuation from last week - text taken from "Gems of Srimad Bhagavadgita" by Dr. Nath

### Sloka 62

**DHYAYATO VISHAYAN PUMSAHA SANGASTESHOOPAJAYATE  
SANGAT SANJAYATE KAMAHA KAMAT KRODHOBHIJAYATE**

**Brooding on the objects of the senses, man develops attachment to them; from attachment comes desire; from desire anger sprouts forth.**

### Sloka 63

**KRODAD BHAVATI SAMMOHAHA SAMMOHAT AMRITI VIBHRAMAHA  
SMRITI BRAMSAD BUDDHI NASH BUDDHI NASHAT PRANASHYATI**

**From anger proceeds delusion; from delusion, confused memory; from confused memory the ruin of the reason; due to the ruin of reason, he perishes.**

(If you want to read again the original comment on these slokas alone: it was in weeks 21 and 22 in 2007.)

These slokas are part of slokas 55 - 72 where the Lord describes the qualities of a "Sthithaprajna": man of steady wisdom.

The path of destruction of any individual who goes after sensual desires is graphically described in these two slokas. When we go after objects of desires, many a times we end up by getting angry for a variety of reasons.

What happens to the person who gets angry is described in sloka 63. Anger acts like alcohol in a man. There is a surge of chemical adrenaline in the body. The individual loses control over his bodily actions and trembles all over. His eyes become blood shot and the speech becomes incoherent. His breathing becomes erratic and rapid.

As a consequence there is physiologically accumulation of carbon dioxide that dulls the brain. His intellect loses the power of discrimination and he indulges in abuse and violence without his knowledge. Like being possessed of evil spirit, forgetting his status and position, he almost acts like an animal. This state of mind is "Sammoha" (delusion). A deluded individual does not remember the person he is dealing with.

This state of momentary loss of memory is "smritivibhrama."

As soon as a person loses his memory, one can say that the person perishes (pranashyati.)

It therefore goes without saying that to avoid such calamity we should learn the art of controlling the sensual desires that crop up in our mind.

\*\*\* summary will be continued \*\*\*