

Sloka 55 (Chapter 2)

Sri Bhagawan Uvacha

**PRAJAHATI YADA KAMAAN SARVAAN PARTHA MANOGATAAN
ATMANY EVATMANA TUSHTAHA STHITAPRAJNAS TADOCHYATE**

The Lord said:

When a man renounces completely all the desires of the mind, when he is fully satisfied with his mind fixed in Atman, O Partha, he is then declared to be a Sthitaprajna.

Sloka 56

**DUKHESHV ANUDVIGNA MANAHA SUKHESHU VIGATA SPRUHAHA
VEETARAGA BHAYA KRODHAHA STHIDADEEHI MUNIRUCHYATE**

He whose mind is not troubled by sorrow, who does not go after pleasures, who is free from attachment, fear and hatred is called a sage of steady wisdom.

Sloka 57

**YAHA SARVATRANABHISNEHAS TAT TAT PRAPYA SHUBHASHUBHAM
NABHINANDATI NA DWESHTI TASYA PRAJNA PRATISHTITA.**

He who has no attachment to anything and anywhere, who does not rejoice or hate, his wisdom is fixed.

Sloka 58

**YADA SAMHARATE CHAYAM KOORMONGANEEVA SARVASHAHA
INDRIYANEENDRIYARTHEBHYAS TASYA PRAJNA PRATISHTITA:**

When the yogi, like the tortoise drawing back its limbs into its own shell, withdraws all the senses from the sense objects, his wisdom is fixed. He is a Sthitaprajna.